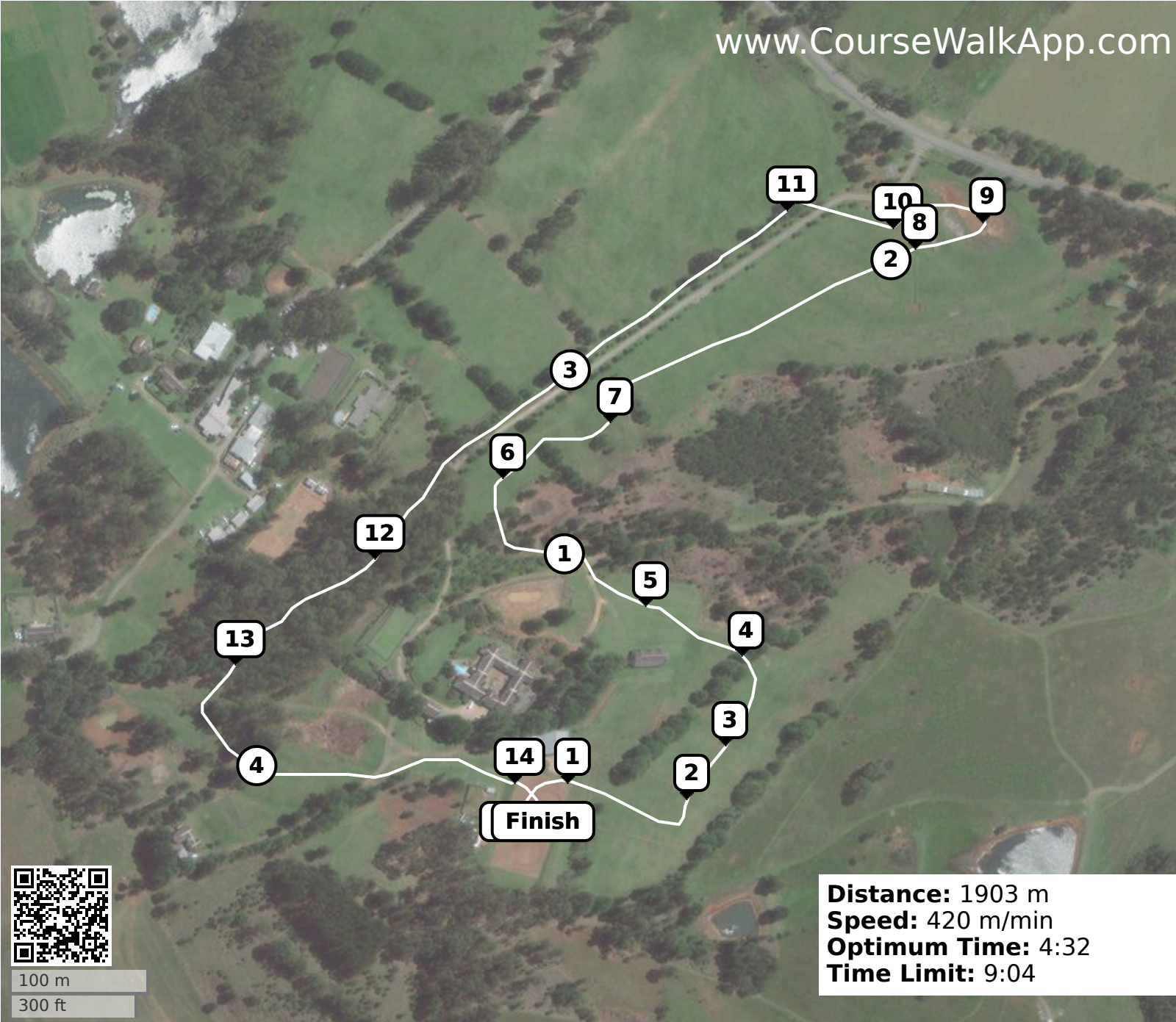


Mount Helmsley (ID: 21182) - 70

www.CourseWalkApp.com



- ① Box
- ② Tyres
- ③ wall
- ④ Log
- ⑤ Brush
- ⑥ Log
- ⑦ Drop
- ⑧ Log
- ⑨ Water
- ⑩ Oxer
- ⑪ Log
- ⑫ Fallen Log
- ⑬ Log Pile
- ⑭ Log back into Arena



100 m
300 ft

Distance: 1903 m
Speed: 420 m/min
Optimum Time: 4:32
Time Limit: 9:04