



Mount Helmsley
25 & 26 March 2023



CCN1* Track

White on Orange



1	Triple Brush	12a	First White Gate
2	Stone Wall	12b	Second White Gate
3	Double Brush	13a	Log before Water
4	Bench	13b	Into Water
5	Bullshead	14	Log out of Water
6	T Jump	15	Floating Log over Ditch
7	Brush at Brambles	16	Box before Forest
8	Wishing Well	17	Stone Wall in Forest
9	Brush Oxer Under Trees	18	Log next to Tree
10	Table Top Oxer	19	Broken Bridge
11	Jump next to Pallisade	20	Brush Home

Distance: 2728m

Optimum Time: 5min 28secs

Speed: 500m/min

Maximum Time: 10min 56secs